

**Housing, Community & Emergency Services Department
South East Area Office**

**To the Chairperson and Members of the
South East Area Committee**

Report of the Director of Services, South City

Grand Canal

A meeting was held in January 2020 with Waterways Ireland representatives and Councillors to discuss ongoing management and maintenance of the canals in the city and to agree a new structure for quarterly interaction between Waterways Ireland and DCC. The latest meeting was held on 11th November 2021 via Microsoft Teams and the next meeting is due to be held in February 2021.

Portobello Harbour Square

A meeting took place on the 28th January with SEA Councillors to discuss the proposed public consultation for Portobello Plaza. A meeting was held with City Architects, Roads, Planning and Public Realm to discuss how we might proceed. A meeting was held in early September 2021 with City Architects and hotel contractor and other internal departments to discuss arrangements for managing the build and the renovation of the square. Extent of square to be licensed as a compound has been agreed and new Hoarding Licence and Road Opening Licence have been applied for. Parks and Landscape Services will undertake a comprehensive local consultation around the re-design of Portobello Harbour Square in conjunction with the South East Area Office. The agreed design will then be submitted for approval under Part 8 of the Planning and Development Regulations, 2001 (as amended). Parks are currently assessing the site and consultation will commence in early 2022. Councillors will be updated towards the end of the year with further details on how the consultation will proceed.

Rathgar Village Improvement Plan (VIP)

Herzog Park, Rathgar – Final Phase

The Rathgar Village Improvement Plan (VIP) was approved by the South East Area Committee in January 2015. One of the main objectives that emerged during the formation of the plan was the redevelopment of Herzog Park. The South East Area Office undertook local consultation and worked with Redscape and Park Services to create a plan which was brought to Part 8 and approved at the January 2017 meeting of the City Council. The final phase of the works planned for 2021 includes the re-alignment of the front boundary of the park and the revised car park layout, as set out in the Part 8 permission. Talks are ongoing with Road Construction Section to timetable preparation of tender for these works. When this work is carried out, further landscaping inside the park will be required as part of the works to complete the project.

Ranelagh Gardens Park

Quotes have been received for the renewal of display boards at entrances to the park and will be carried out in conjunction with Park Services in 2021 using Discretionary Funds.

Ringsend Irishtown Local Environment Improvement Plan (LEIP)

The Ringsend Irishtown Local Environment Improvement Plan (LEIP) was adopted at the June 2017 South East Area Committee meeting. Following that it was proposed to prepare planning

applications under Part 8 of the Planning and Development Regulations, 2001, for the redesign of (1) Library Square and (2) Cambridge Road.

**Both of these projects are now listed on the Capital Programme 2021 – 2023 and have been awarded funding from the Urban Regeneration and Development Fund (URDF).*

Library Square: (Mitchell & Associates) Meetings with internal stakeholders were held during September and October 2018. A meeting was held with local businesses to discuss parking / loading arrangements on 5th December 2018. A presentation was made to area councillors on 13th February 2019 and a preliminary draft design was brought to a public meeting for all stakeholders on Thursday 21st March 2019 in the Ringsend Irishtown Community Centre (RICC). Following a period of consultation up to 19th April 2019, submissions were received and were reviewed by the project team. A revised design was brought before the Public Realm Working Group on 22nd October 2019. A meeting of all internal stakeholders was held on 28th November 2019 and further meetings work was identified by key departments. An invitation to tender for additional services to bring the project to Part 8 was issued to consultants on 30th July 2021. The closing date for submissions was 17th September 2021 and Mitchell & Associates were formally appointed on 17th November 2021. Consultations with internal departments will be carried out in the coming months to finalise design and Part 8 should be lodged before end of Q1 2022. Councillors will be briefed before we commence the formal Part 8 process.

Cambridge Road: An initial public workshop in relation to Cambridge Road was held on Thursday 30th August 2018 in the RICC. Meetings with Redscape Architects and internal stakeholders took place in September and October and designs were drafted based on consultations which were brought to a second public workshop/meeting on 28th November 2018. Further information was required in relation to road design and drainage requirements for the proposal in particular. In 2019 Road Design & Construction Section, E & T Department, agreed to take on the completion of the project to Part 8 stage. Detailed meetings took place between Roads Design & Construction and internal departments with a view to agreeing an overall design before commencing Part 8 planning process. Parks Services Department has requested that a Ground Penetrating Radar (GPR) survey be carried out prior to Part 8 to identify location of underground services and any impact on tree planting. Drainage Department welcomes the provision of additional greening providing a SuDS benefit and a proposed new surface water main is being considered in conjunction with Irish Water. Agreement of the final design for the road has been delayed as we wait for the NTA to finalise the route for the East Coast Trail (ECT) which will either traverse Cambridge Road or run along part of Cambridge Road from Canon Mooney Gardens to Thorncastle Street. We intend to go out to tender to appoint a consultant for additional services to bring this project to Part 8 stage, but require engineering resources to draft tender brief and supervise consultant. Councillors will be briefed before we commence the formal Part 8 process.

Cabbage Garden & Cathedral Lane

The Cabbage Garden Stakeholder Meeting for November discussed the Halloween Movie Event held in the garden which was very successful, despite the inclement weather. Many of our stakeholders such as the Iveagh Trust and An Garda Siochána made a huge contribution on the night with no reports of anti-social behaviour. The Parks Department have suggested that the next stakeholder meeting in December be held on site to consider a location for gym equipment in the garden and to discuss play opportunities for children. Cathedral Lane is being resurfaced at present following a request from residents some months ago.

Rosary Hall

After receiving extra funding of €240, 000 which was approved at the April City Council meeting (as well as €125,000 already allocated) it has been decided to retender the entire proposed works. Meetings took place with both main community groups and consultant

architects during the summer to outline and agree the proposed works which include mechanical & electrical works, fire safety works, remedial works and lift replacement.

The Area Manager is also engaging in meetings with both community groups regarding governance of the facility and a draft management plan for the running of the facility was forwarded to both groups in September. A management committee comprising of two members of the football club and two members of the HXVCC and the Area Manager will be established to optimise the use of the facility for the benefit of the community. Cllr. Freehill has suggested that the committee might consist of representation from Councillors and this matter is being considered. Both groups have been contacted in relation to this matter. The first meeting of this group has been re scheduled as the Area Manager is seeking clarifications from one of the groups.

The draft tender documentation is completed and a pre tender cost estimate is being prepared by consultant QS. It is hoped to tender the proposed works in mid-December with tenders back the end of January. It is anticipated that works could commence in March.

Age Friendly Initiative Harold's Cross

The inaugural meeting of the Age Friendly Committee took place on January 28th 2020 and was well attended. A draft report was submitted by the Harold's Cross Village Community Council (HCVCC) in conjunction with Rob Chester, Area Community Officer and it was agreed to progress a number of these proposals funding permitting. In tandem, it is proposed to hold a workshop to further engage with the residents and ensure particularly any elderly resident who was not consulted has an opportunity to contribute to the process and be included.

It was agreed to defer the facilitation of a workshop to get the views of the wider community until 2022. A subgroup under the Housing SPC has been convened to look at the City-wide Age Friendly Strategy. Under this structure, submissions for funding may be advanced, including the Harold's Cross project.

A defibrillator has been installed in Harold's Cross as part of the Age Friendly Initiatives. The committee recently congratulated the HX Grow Hub for winning a City Neighbourhood Award and the group continues to grow in numbers. It has been agreed by the elected members that further monies (€7.5k) will be allocated to this Age Friendly initiative in the discretionary funding for 2021.

8 IT age friendly tablets have been distributed to residents and have been very well received. Cliff Run Media has supplied over 1000 units to established age friendly projects across the country. The tablet comes with one year's free WI-FI and is dignity proofed to make access as easy as possible. Funding of €2,000 from the HX Age Friendly project, €1,000 from the Central Age Friendly Fund, and a final €1,000 from our community budget was utilised to finance this initiative. A list of recipients was prepared in conjunction with HXVCC.

It is anticipated that when the works are completed on Rosary Hall that it can play a pivotal role in age friendly activities going forward.

Further meetings took place on May 26th and July 22nd when a presentation by Eimear McCormack, (DCC Healthy Age Friendly Homes Co-ordinator) took place. Eimear outlined that the programme will be evaluated and monitored by a research team in NUI Maynooth.

The committee also decided to advance a further round of tablets for residents. A further meeting took place on Sept 30th with all relevant updates including the information that Eir has completed the work involved in getting an additional line into Harold's Cross Park to enable Virgin Media to set up the Wi-Fi Hot Spot for the area around the café.

Smart Dublin has confirmed that the installation is complete but issues in relation to the quality of the service have surfaced. Virgin is working to remedy the situation at the moment.

The next meeting is scheduled for 9th December.

Rutland Grove/ Eamonn Ceannt Park

Meeting took place on 30th January 2020 with traffic engineers, Les Moore from Parks, Area Manager and staff and Cllr. Pat Dunne. It was agreed at the meeting that Traffic Section would look again at the feasibility of putting dedicated parking as per Part 8. Should it be possible to implement, the design would need to be progressed and costed.

Leslie Moore has indicated with response to a July motion that he will engage a consultant to review this issue regarding the Part 8 parking. As an interim measure, planters were installed at the entrance to Rutland Grove to enhance the environment and assist with ongoing illegal parking at the entrance. Regrettably, a number of these have been vandalised and a solution is being sought in conjunction with the residents' association.

A meeting took place between the Area Manager, the Parks Section and the secretary of the residents' association on Friday 26th March to initiate discussions around the best utilisation of the co funded €20,000 for the improvement works and discussions are ongoing.

The presentation of the proposed works at the Parks Depot upgrade took place on May 13th. The consultant outlined the plans to Councillors and community groups and welcomed input into finalising the design.

A further meeting took place on June 29th to update the Councillors and community groups on modifications to the drawings after Parks Section met with the residents' group on June 17th. Laminated drawings outlining the proposed upgrade of the depot were erected on the depot walls to facilitate a better understanding of the proposals.

Work is completed on the footpaths across the open green space as agreed under the Discretionary Funding.

A 'Friends of Eamonn Ceannt' Meeting took place on 14th October 2021.

A detailed capital appraisal has been prepared to proceed to tender stage and works on the depot upgrade are scheduled to start second quarter 2022.

Choice Based Lettings

There are currently no properties advertised under the Choice Based Letting Scheme. It is expected that units in Lissadel Court and Clonmacnoise Grove will be advertised early in the New Year.

CCTV Benbulben Road

Following on from the provision of Discretionary Funding for the installation of CCTV at Benbulben Road, we continue to try to progress the matter. Adhering to advice from DCC's Data Protection Office, a letter was sent to the Garda Commissioners' Office on the 11th March 2021. This letter requested written authorisation from the Garda Commissioner for Dublin City Council to install CCTV at the location, which is in a public area and not within the bounds of a Dublin City Council complex. The current DCC code of practice for installation of CCTV in public places requires such authorisation from the Garda Commissioner. The office of the Commissioner replied on the 11th May and submitted a number of documents, including An Garda Siochána's Code of Practice for Community Based CCTV Systems. The documents submitted are at variance with DCC's code of practice for CCTV in public places and do not seem to take into account that DCC are installing the CCTV rather than a Community based organisation. Discussions took place with local based senior Gardaí in order to try and reconcile the differing positions but following further advice from our Data Protection Office further clarity is required from An Garda Siochána. We are currently awaiting further information from An Garda Siochána in relation to advancing this project without the necessity to go down the route of a Community Based CCTV Scheme. Designating this CCTV Project a Community Based CCTV Scheme would impose greater responsibility on the local community in relation to their role in consultation, installation, maintenance and management of the CCTV system. It would also have the potential to increase costs for the project. Given that this camera will be placed in a highly trafficked and utilised area, which contains shops and services, there is significant potential for queries to be raised from a Data Protection perspective. It is therefore essential that there is full clarity and comprehension of the

requirements to meet DCC's obligations under Data Protection legislation before we can move forward with this project.

Halloween 2021

Following a joint effort between the Area Office, Public Domain and An Garda Siochána the Halloween period passed off relatively quietly. Large amount of bonfire materials were removed in the run up to Halloween and this reduced the amount of bonfires in the area. There was a total of 6 bonfires in the area, which is a reduction on the 11 that occurred in 2020. There was no reports of any significant anti-social behaviour at the site of these bonfires. There was a very large turnout at the Community events in Brickfield Park and Eamonn Ceannt Park and attendees greatly enjoyed the events in spite of the poor weather.

Community Development

Autism Equality Dublin Bay

Autism Equality Dublin Bay is a parents' group that also acts as a lobby group for children on the autism spectrum. The group runs weekly swimming and football sessions and recently hosted their first event, a 5km fundraiser walk in Ringsend Park, as part of the Dockers & Demons Festival. The group is also instrumental in the development of the Ringsend & Irishtown Sensory Garden, a new therapeutic facility located at the rear of Ringsend & Irishtown Community Centre. A new multisensory room is also currently being fitted at RICCY'S Youth Service in Irishtown, providing another inclusive space in the area for young people. Strong support to all the above is being offered and provided by our team.

Blarney Park Allotments

There will be exciting developments in Blarney Park Allotments over the coming months. An eco-toilet will be installed before the end of the year, this is a 'dry' composting unit and requires no sewage connection and is to the highest best practice models for such installations. The Kingfisher Project has been initiated, which is a comprehensive overview and audit of the flora and fauna of the entire watercourse of the River Poddle running through the allotments, St. Martin's Park and Blarney Park Estate. A comprehensive education programme is planned, including onsite 'live' camera feeds, visits from schools and other projects into 2022. The allotment holders will be continually updated and included in all discussions going forward.

Christmas Hampers/Local Donations

One again this year, we will be assisting our colleagues in An Garda Siochána to collate and distribute hampers to local residents especially those who are alone or isolated. There are many hard to reach residents who are struggling, and for whom the current situation with Covid-19 and the government restrictions are an extra burden.

We will also be arranging some local treats for various smaller community groups who will sadly have to curtail their activities in the coming weeks.

Christmas in the Community

All Dublin City Council-led Christmas tree lighting ceremonies have been cancelled for this year. However, our Community Team will continue to support smaller, outdoor community-led Christmas events. All are being asked to ensure that their events follow all current guidelines and restrictions in relation to Covid-19 at the time. Please see listings below for details of events.

Covid-19 Community Response

The Covid-19 Community Call Helpline has come to an end. All members of the Community Team would like to extend their heartfelt gratitude and thanks to all the organisations, groups and volunteers involved for their invaluable assistance over the 20 month period.

Community Music Programme

Given the return to tighter restrictions, the Community Team will be initiating our Community Programme for December. We will be offering music to smaller groups and venues where a small group can meet safely and within the government guidelines. Music for residents of Eastwell Ladies' Home, Merrick House, Swanlea House, Mount Anthony Estate, and other community residential centres will be arranged. In addition, we will be having 'one on one' garden gigs for our older residents who may be isolated and in need to of some Christmas cheer. Liaising with family and carers, our musician(s) will call at a prearranged time and perform on the doorstep and will also have small treat for each visit.

Creative Crumlin Climate Art Project

The Community Team is continuing to support this large-scale project focusing on climate awareness through the medium of art and culture. The project is managed by Cliona Dukes and Caoimhe Connolly, Arts Administrators, under the auspices of the DCC Arts Office. The project has €200,000 of funding, and hopes to have an initial launch in November. The Community Team has submitted a proposal in conjunction with Crumlin Clean Up Group, and extending from our free plant giveaways in 2020 of giving a tree to every home in the Crumlin Area as a means to reduce the carbon footprint of the residents. The proposal will be considered amongst all proposals submitted to the project next January.

Gheel Autism Services

Earlier in the year, we linked Gheel Autism Services with Ranelagh Community Response and they have been assisting Ranelagh Community Response with meal deliveries and gardening at Woodstock Court Sheltered Housing Complex ever since. Ranelagh Community Response is in turn helping to develop a sensory garden at Gheel Autism's facility in Milltown with our team providing both summer and winter bedding plants in support. Service users of Gheel Autism were presented with awards in recognition of their great work at Woodstock Court at the recent "Inclusion in Practice" event at the Devlin Hotel which was organised by Ranelagh Community Response as part of Integration & Inclusion Week.

Halloween in the Community

All events over the Halloween period went off safely and well, the mini-festivals in Brickfield Park and Eamon Ceannt Park were heavily over-subscribed, indicating a huge demand for these activities from local residents at Halloween.

The Cabbage Patch Cauldron event featured in the Irish Independent as part of a positive piece noting the significant decrease in the number of call-outs for the Fire Service in the city over that weekend.

The annual Dockers & Demons Festival ran successfully over the two week period in the run up to Halloween.

There was much activity in our flat and housing complexes, all organised by local residents with support from ourselves.

'Stars in the Sky' Exhibition

We are supporting the Holy Trinity Church in Rathmines to host the 'Stars in the Sky' art exhibition, which will be available for viewing on the railings of the church during December. The project is run in conjunction with Kildare Place National School and various community groups and local residents. The aim of the exhibition is to provide a creative outlet for people

at this very challenging time, and to bring a message of hope and peace to all who come to see this innovative installation.

South East Area Community Event Listings – Late November/December 2021

- Friday, 26th November from 4-8pm – **RCSF Christmas Fair** at the car park of Irishtown Stadium, Dublin 4. This event is organised by Ringsend Community Services Forum and the residents groups of local flat/housing complexes. Christmas events are therefore not expected to take place in individual flat/housing complexes in Ringsend/Irishtown this year.
- Friday, 3rd December from 5-9pm – **Fairview Avenue Residents' Event for Older People** at CYMS Hall, Irishtown Road, Dublin 4.
- Saturday, 4th December from 11am to 6pm – **Bumper Christmas Market**, Terenure Village (Bushy Park Market -subject to licence from the HSE)
- Sunday, 5th December from 1-3pm – **Christmas Wonderland** at rear of Ringsend & Irishtown Community Centre, Thorncastle Street, Ringsend, Dublin 4.
- Tuesday, 7th December from 4.30pm – **CLAY Youth Project Christmas Event**
- Wednesday, 8th December at 3pm – **Terenure Men's Shed Christmas Party**
- Friday, 10th December from 5-8pm – **Boyne Street Christmas Family Event**, Dublin 2
- Saturday, 11th December from 8.30-3.30pm – **All in a Row** in aid of the Irish Underwater Search and Recovery Unit and the RNLI Lifeboats. At this event, an armada of rowing boats and kayaks will take to the River Liffey and row from St. Patrick's Rowing Club in Ringsend up to the Ha'penny Bridge and back.
- Saturday, 11th December from 4-7pm – **Markievicz House Christmas Family Event**, Dublin 2
- Saturday, 11th December from 5-8pm – **Conway Court Christmas Family Event**, Dublin 2
- Sunday, 12th December from 4-8pm – **Pearse House Christmas Family Event**, Dublin 2
- Sunday, 12th December from 5-7pm – **Clonard Road Residents Christmas Event (outdoors)**
- Friday, 17th December from 3-8pm – **Leo Fitzgerald House Christmas Family Event**, Dublin 2
- Saturday, 18th December from 2-6pm – **Pearse Area Recreation Centre Christmas Event**, Dublin 2
- Saturday, 18th December from 4-7pm – **St. Andrew's Court Christmas Family Event**, Dublin 2
- Saturday, 18th December at 2pm, **Rathmines Men's Group Christmas Event**
- Wednesday, 22nd December at 3pm – **Orwell Healthcare and Men's Shed Christmas Party** (members/residents only)
- Thursday, 23rd December at 3pm – **Orwell Queen of the Peace Christmas Party** (residents only)

Please note, all events as advised are subject to cancellation or change due to the evolving situation with Covid-19. It is best advised to check locally to see if these events are still taking place before attending.

This has been an exceptionally difficult year for our community, resident and environmental groups across the South East area. It has also been very challenging for the many suppliers of services that support the Community Team for events and other initiatives. The constant changes to restrictions and government mandated guidelines has created a huge degree of

uncertainty especially amongst our cohort of older persons and the service providers that we support in assisting these residents.

Therefore, at the end of this year we want to give full credit to all those who continued to support community projects throughout 2021 and especially those who volunteered on the Community Response and are still continuing to assist isolated individuals, even though it has now officially wound down. We offer our heartfelt thanks to all our fantastic community people, and we look forward to working with them in 2022.

Waste Management / Environmental Services

Weed Control

Works completed South East with Greentown Environmental Ltd.

Manual weed control completed by Waste Management.

Bagbin Trial

Next phase in preparation. Bag bin removed from Drury Street following 4 week trial. Survey of users ongoing and redesign of locking mechanism for next phase of trial.

City Neighbourhood Awards

Awards delivered to recipients.

Abandoned Bicycles

November: 67 removed

Year to date 2021: 387

Joint Policing Committee (JPC)

Next JPC 9th December 2021

SOUTH EAST AREA COMMITTEE

DUBLIN CITY SPORT & WELLBEING PARTNERSHIP REPORT

DECEMBER 2021



Delivery of indoor DCSWP sporting activities continue across the city strictly in adherence with current Government and Sport Ireland Indoor Sport advice/guidelines.

Communities in the South East Area will also be supported by the development and delivery of outdoor initiatives and via the DCSWP Virtual Hub. The re-development of the Hub continues and once finalised will act as a dedicated sport & wellbeing resource for communities in terms of information on services, how to get involved in local programmes, who to contact and how to access online programmes.

Upcoming events DCSWP will be linking in with over the next period include **International Migrants Day on 18th December**.

Online/Social Media Supports:

- Twitter: [@dccsportsrec](https://twitter.com/dccsportsrec)
- Facebook: [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- Instagram: [@dublincitysportandwellbeing](https://www.instagram.com/@dublincitysportandwellbeing)
- Dublin City Sport & Wellbeing Partnership Virtual Hub: dcwsphub.ie

Lord Mayor's 5 Alive Challenge 2022

The Lord Mayor's 5 Alive Challenge is back for 2022! Every year the challenge aims to inspire people to take up regular exercise and find the encouragement to stick to what may be a New Year's Resolution through to the end of March and beyond.

The 5 Alive challenge is to complete all 5 races and ultimately commit to taking part in regular physical activity. 400 people signed up for the virtual challenge in 2021 which meant participants could complete each challenge within the timeframe allowed in whatever location suited and most importantly in a safe environment.

Registration for the 2022 challenge went live on Wednesday 1st December and is being advertised across all communication platforms. The following races have been provisionally confirmed but remain subject to Covid restrictions. Races in red are TBC:

Date	Race
1 st January 2022	Tom Brennan Memorial 5k Phoenix Park
30 th January 2022	AXA Raheny 5 Mile Raheny
5 th February 2022	Garda / BHAA 2/4 Mile Cross Country Phoenix Park
20 th March 2022	Purple Run Phoenix Park

2 nd April 2022	DCC / BHAA 4 Mile St. Anne's Park Raheny
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Change for Life 2022

Change for Life is one of DCSWP's flagship annual events bringing people across the city together since 2013 as they embark on an 8-week journey towards health and happiness. The CFL programme typically emulates the format of and is delivered in tandem with RTE's Operation Transformation. Aligning with the principles of OT greatly helps promotion of the programme on a local and community basis. Community spirit remained undaunted by recent challenges with over 2000 people registering to take part in for the 2021 online programme which was delivered via the DCSWP Virtual Hub and supported by Healthy Ireland/Sport Ireland. Regardless of age, gender or ability there was something for everyone including fitness classes, nutrition talks and weekly challenges.

Change for Life 2022 is currently in the planning stages and a full update will be provided in DCSWP's New Year area reports.

Women in Sport - Empowering Women through Sport and Physical Activity

Dublin City Sport & Wellbeing Partnership is dedicated to providing opportunities for women of all ages to get involved or re-engage with sport and physical activity though delivery of the core Get All Girls Active programme (GAGA), school multi-sport programmes, ongoing community women in sport programmes and by consistently linking in with national initiatives such as the 20x20 'If she Can't See It She Can't Be It Campaign.

- The Developing Women Through Sport is a new collaborative programme between TU Dublin and Dublin City Sport & Wellbeing Partnership. The programme aims to address the differences that exist between women's and men's involvement in sport and in doing so provide one year support to women in their sport. The overall purpose of the programme is to promote and increase women's sustained involvement in sport as coaches, volunteers, club members, athletes, advocates, leaders, and participants and help create female role models to empower other women to become involved in a sport within the university and its wider community.

Participants of the programme will be provided with a suite of training and education supports of which they will have to complete a minimum of 8 core and elective modules within an agreed timeframe. The training programme will be tailored to suit the availability of candidates.

A number of national governing bodies acting as delivery agents for sport and physical activity for Sport Ireland are involved in the roll out of a number of elective coaching modules. Below is a link showcasing what the programme can offer.

<https://www.youtube.com/watch?v=4FNmFSgkkdE>

Cycling without Age Training Day & Launch

DCSWP alongside the DCC community Section organised and delivered Cycling without Age training to 15 sports staff and community officers at the Islandbridge Rowing Centre on 19th October. The training was delivered by Irish Founder of Cycling without Age Clara Clarke. It was an excellent training day where staff got to experience what it is like to cycle Trishaws and how to carefully look after the passengers who will use them.

It is envisaged that DCSWP sports staff will be able to become train the trainer. DCSWP will then be in a position to recruit local volunteers to become qualified pilots and be in a position to bring Cycling Without Age into communities and reach the most vulnerable and less mobile population by creating opportunities to accessible activity.

The initiative was officially launched during Inclusion & Integration Week by Lord Mayor of Dublin, Cllr Alison Gilliland, at the OPW War Memorial Gardens on 11th Nov. DCSWP staff acted as cycling pilots for the Lord Mayor and also present were students from the local St John of God's Special School and ladies from the Rialto Active Retirement Group. The project is co funded by Healthy Ireland, DCSWP and DCC Local Area offices.

DCSWP is responsible for the coordination, recruitment and delivery of the training to local volunteers. For more information email: sports@dublincity.ie

GAGA - Get All Girls Active

Get All Girls Active or 'GAGA' is DCSWP's core programme is dedicated to increasing opportunities for females to participate in sport and physical activity. Research has shown that teenage girls are at a higher risk of dropping out of sport and exercise than any other demographic. Our dedicated programme recognises that we have a pivotal role to play in ensuring opportunities like this are provided to keep teenage.

Over the years the programme has culminated in a day-long celebration of women in sport. 'GAGA Day' is held to enable and inspire all girls to participate and engage in sport and physical activity through a range of new and existing programmes and events across the city. It is also supported by a strong online and social media presence on the day.

Our annual GAGA (Getting All Girls Active) event took place on Wednesday Nov 24th and once again DCSWP offered a wide & diverse schedule of activities taking place across the city, co-ordinated and delivered by our fantastic team of Sport Officers and our sport specific Co-funded Development Officers.

- GAGA Day 2022 highlights in the South East area included dance sessions with in Harold's Cross National School and the Inspire Sporting legends event.

The GAGA initiative has evolved from initially being targeted at teenage girls (aged 12 – 15) to now engaging with females of all ages to encourage participation in sport & physical activity. From 2022 onwards, GAGA will move to a new March time-slot within the annual DCSWP calendar of programmes & events. This is to create an alignment with both International Women's Day and Women In Sport Week.

The following SE area GAGA programme is due to conclude in mid-December but will resume in various schools and in different formats across the area from January 2022.

Name of core programme:	GAGA
Description of programme activity e.g.: Tag Rugby, Chair Aerobics etc.	Dance programme with girls from St Louis Secondary School Rathmines
Partners (if any):	
Age group:	Teenage Girls
Gender:	Female
Date/time and location:	Wednesday 9am – 10am St Louis Secondary School
Estimated Number of Programme Participants per session:	30
Programme Start Date:	3 rd November
Programme End Date:	15 th December

Online/Social Media Supports:

- **Twitter:** [@dccsportsrec](https://twitter.com/dccsportsrec)
- **Facebook:** [DublinCitySportandWellbeing](https://www.facebook.com/DublinCitySportandWellbeing)
- **Instagram:** [@dublincitysportandwellbeing](https://www.instagram.com/dublincitysportandwellbeing)
- **DCSWP Virtual Hub:** [dcwsphub.ie: \(Undergoing review\)](https://dcwsphub.ie/)

December DCSWP Area Highlights:

South East Area Young People At Risk Programmes (10-21 Years)

DCSWP core programme aimed at providing sport and physical activity outlets for young people age 10-21 years. In the South East area the following Youth programmes are ongoing in partnership with local Youth Services:

Name of core programme:	Girls Rugby South East Area
Description of programme activity:	Teen Girls Tag Rugby
Partners	CBS Secondary school
Age group:	13-17 years
Gender:	Female
Date/time and location:	3-4pm; PARC recreation centre astro pitch
Estimated Number of Programme Participants per session:	16
Programme Start Date:	23 rd Sept 2021
Programme End Date:	End of school year 2022.

Name of core programme:	Friday Night Soccer
Description of programme activity:	Soccer
Partners:	RICCY'S Youth Service
Age group:	13-17 years
Gender:	Male
Date/time and location:	Fri 3 rd Sept 5-6pm Irishtown Stadium
Estimated Number of Programme Participants per session:	16
Programme Start Date:	8 th September 2021
Programme End Date:	End of school year 2022.

Name of core programme:	Youth Fit Ice Skating
Partners:	Local SE area Youth Services and Secondary Schools
Age group:	Teenagers
Gender:	Mixed
Date/time and location:	TBC
Estimated Number of Programme Participants per session:	#230 in total across 5 groups
Programme Start Date:	Dec 2021
Programme End Date:	Jan 2022

South East Area School/After School Programmes:

Name of core programme:	After-school Programme
Description of programme activity:	Multi-Sport after-school activities aimed at primary school children
Age group:	4 – 7
Gender:	Mixed
Date/time and location:	Thursday Harold's Cross NS After-school
Estimated Number of Programme Participants per session:	15
Programme Start Date:	4 th November
Programme End Date:	16th December

South East Area Older Adult programmes (age 55+ years)

Name of core programme:	Chair Fit
Description of programme activity:	Chair Fit class for people with Mental Health difficulties
Age group:	Adults
Gender:	Mixed
Date/time and location:	Wednesday 11am. Swanlea House, Rathmines
Estimated Number of Programme Participants per session:	10
Programme Start Date:	13 th October
Programme End Date:	15 th December

Name of core programme:	Chair Fit
Description of programme activity:	Chair Fit classes for Older Adults
Age group:	Over 55
Gender:	Mixed
Date/time and location:	Friday 11am. The Evergreen Centre, Terenure
Estimated Number of Programme Participants per session:	20
Programme Start Date:	7 th October
Programme End Date:	17 th December

Underactive Adults:

Name of core programme:	Underactive Adults
Description of programme activity:	Pilates classes for underactive adults
Age group:	Adults
Gender:	Mixed
Date/time and location:	Tuesday 5.45pm. The Evergreen Centre, Terenure
Estimated Number of Programme Participants per session:	20
Programme Start Date:	5 th October
Programme End Date:	21 st December

Sport Inclusion & Integration (South East Area)

Name of core programme:	Fitness Classes (Intellectual Disabilities)
Description of programme activity:	Fitness classes for St Michael's House Rathmines
Age group:	18 – 21
Gender:	Mixed
Date/time and location:	Wednesday 1pm. Turas Day Care, Rathmines
Estimated Number of Programme Participants per session:	12
Programme Start Date:	10 th November
Programme End Date:	15 th December

Citywide Programme Highlights December 2021:

Health Improvement in the Community

Programmes outlined below conclude in December for the Christmas period and will resume in January 2022 pending Covid-19 public health restrictions.

Name of programme:	Men on the Move
Description of programme activity	Men only Health & Wellbeing programme including exercise classes & nutrition and mental health workshops.
Partners:	HSE
Age group:	Adults
Gender:	Male
Date/time and location:	Rialto: F2 Centre Rialto Wednesday 10am

Name of programme:	Mountain View Mental Health.
Description of programme activity	Women only exercise programme (referral only through HSE)
Partners:	HSE
Age group:	Adults
Gender:	Female
Date/time and location:	Mountain View Cherry Orchard Wednesday 10am

Name of programme:	Chapelizod Men on the Move Mental Health.
Description of programme activity	Men only exercise programme (referral only through HSE)
Partners:	HSE
Age group:	Adults
Gender:	Male
Date/time and location:	Wednesday 11am
Programme Start Date:	September 1 st
Programme End Date:	December 15 th

Name of programme:	Fatima Fit
Description of programme activity	Chair aerobics exercise class
Partners:	HSE
Age group:	Older adults 55+
Gender:	All
Date/time and location:	F2 Centre Rialto Tuesday 11am
Programme Start Date:	September 21 st
Programme End Date:	December 14 th

Name of programme:	Fatima Women's Wellbeing
Description of programme activity	Pilates exercise class for women
Partners:	HSE, Fatima Groups United
Age group:	Adults
Gender:	Female
Date/time and location:	F2 Centre Rialto Wednesday 11am

Name of programme:	Men's Health Labre Park
Description of programme activity:	Health & Exercise programme for Traveller men from Labre Park, Ballyfermot
Partners:	HSE, BP Partnership
Age group:	Adults

Gender:	Male
Date/time and location:	TBC

Name of programme:	Heads Up
Description of programme activity	Holistic Mental Health & Exercise programme for men experiencing mental health difficulties
Partners:	HSE, BP Partnership
Age group:	Adults
Gender:	Male
Date/time and location:	Ballyfermot, Rialto, Walkinstown

Name of programme:	Digital Equalities Citywide Project
Description of programme activity	Virtual pulmonary rehab exercise classes & Living Well programme (referral only through HSE)
Partners (If any):	HSE
Age group:	Adults
Gender:	All

Sport Inclusion & Integration in the Community (Citywide)

Name of core programme:	Sports Ability
Description of programme activity:	Adapted Rowing: Rowing for individuals with Disabilities
Partners:	DCC Rowing Centre
Age group:	18+
Gender:	Mixed
Date/time and location:	Thursdays 1.30-3.30pm Islandbridge (To conclude in December)

Description of programme activity:	Fun Fitness –fundamental movement skills programme for children with disabilities
Age group:	6-9yrs
Gender:	Mixed
Date/time and location:	Monday 1 st November 6pm-7pm Ballyfermot leisure centre
Programme Start Date:	Monday 1 st November
Programme End Date:	Concluding In December 2021

Name of core programme:	Sports Ability
Description of programme:	Walking Programme Walking programme to develop and maintain fundamental movement skills in older adults & people with Disabilities
Age group:	All ages
Gender:	Mixed
Date/time and location:	Tuesdays 1-2pm

Programme Start Date:	Eamon Ceannt park
Programme End Date:	22 nd September
	Dec 2021

NAME OF CORE PROGRAMME:	Autism Fundamental Programme
DESCRIPTION OF PROGRAMME:	Fun Fitness 6 Week Autism Fundamental Programme targeting 6 to 8 year olds in Ballyfermot area Programme being delivered by Leisure Centre staff with support from Sports Officer and SIIOs
PARTNERS:	Sports and Fitness Ballyfermot
TARGET AGE GROUP:	Children (6 to 8 years)
GENDER:	Mixed
DATE/TIME AND LOCATION:	Sports and Fitness Centre Ballyfermot commenced 1 st November 6pm
Programme End Date:	Mid December 2021

South East Area Co-Funded Programmes December 2021/January 2022

A full report on co-funded activities (Athletics, Boxing, Cricket, Rowing, Rugby) which are currently in the planning stages, will be provided in the January 2022 report. Programmes reported on in the November report will continue until mid-December.

Training

- Online Safeguarding Training to support compliance in local clubs and organisations resumed with Safeguarding 1 Training on 15th February. Training is provided by DCSWP Officers. Safeguarding 2 & 3 will be delivered on an on-demand basis.
- In partnership with CARA, the online Disability & Inclusion and Autism in Sport training programmes launched in 2020. This is part of a series of online Disability in Sport training programmes already in operation. The programme for 2021 is delivered on the first Tuesday of every month on an ongoing basis.

CONTACT DETAILS:

Name	Role	Contact Information
Shauna Mc Intyre	General Manager, DCSWP	shauna.mcintyre@dublincity.ie
Aideen O'Connor	Programmes & Services Manager, DCSWP	aideen.oconnor@dublincity.ie
Alan Morrin	Office Manager, DCSWP	alan.morrin@dublincity.ie
Michelle Malone	Sport Officer, DCSWP	Michelle.malone@dublincity.ie
William Morris	Sport Officer, DCSWP	William.morris@dublincity.ie
Marie Louise Reilly	Sport Officer, DCSWP	Marylouise.reilly@dublincity.ie
David Phelan	HSE Health Promotion & Improvement Officer	Davidphelan6@mail.dcu.ie
Lisa Kelly	Sport Inclusion & Integration Officer, DCSWP	Lisa.Kelly@dublincity.ie
Nuala O'Donovan	Sport Inclusion & Integration Officer, DCSWP	Nuala.odonovan@dublincity.ie
Colette Quinn	Development Officer, Athletics	colettequinn@athleticsireland.ie
Gerard O'Donnell	Development Officer, Athletics	gerardodonnell@athleticsireland.ie
Jonathan Tormey	Development Officer, FAI	Jonathan.tormey@fai.ie
Chris McElligott	Women's Development Officer (disability) FAI	chris.mcelligott@fai.ie
Ken Knaggs	Rugby Development Officer	Ken.knaggs@leinsterrugby.ie
Larissa Muldoon	Rugby Development Officer	Larissa.muldoon@leinsterrugby.ie
Fintan Mc Allister	Development Officer, Cricket	Fintan.mcallister@cricketleinster.ie
Michael Carruth	Development Officer, Boxing	Michael_carruth@ymail.com
Aoife Byrne	Development Officer, Rowing	Aoife.byrne@getgoinggetrowing.ie

REPORT BY:

Dee O'Boyle
Dublin City Sport & Wellbeing
dee.oboyle@dublincity.ie

Derek Kelly

Director of Services, South City

Dated: 8th December 2021